

Education

Master in Work, Organizational, and Personnel Psychology – University of Barcelona [2021 – 2023]

Awards: Erasmus Mundus Full Scholarship Award

•The program is offered by an International Consortium composed of the Universities of Barcelona, Bologna, Coimbra, and Valencia.

•Thesis: multi-study project on the role of work events, as moderated by attributional styles and affectivity, in generating emotions that influence work motivation. The thesis model is a multi-level model analyzed using growth modeling.

Bachelor's Degree in Psychology – American University of Beirut [2018 – 2021]

Awards: Advanced Scholarship Award, Faculty of Arts and Sciences Dean's Honor List, Graduated with distinction GPA 3.9/4

Experience

Applied Behavioral Science intern [August 2023 - October 2023]

International Labour Organization (ILO)

Associate Research Consultant [March 2023 - October 2023]

Institute for Culture, Collaboration, and Management, Florida Institute of Technology

Research Assistant [October 2020 - August 2021]

Social Learning Lab, Boston University

Toastmasters International

•Toastmasters District 105 Area 1-Trainer and Mentor [October 2018 - September 2021]

•Speakers and Leaders Toastmasters Club-President [July 2020 - January 2021]

•Speakers and Leaders Toastmasters Club-Vice President Membership [July 2019 - July 2020]

Research Assistant [February 2021 - December 2022]

Freelance

Organizational Research Assistant [January 2020 - January 2021]

Department of Psychology, American University of Beirut

Behavioral Science Intern [July - October 2020]

Knowledge Management Unit, Nudge Lebanon

Research Assistant [June - September 2019]

Clinical Research Institute, American University of Beirut Medical Center

Training and Certifications

•Attended workshops and training series on Addressing Race at Work, Methods of Cultural and Linguistic Adaptation in Psychometric Scales, Qualitative Research Methods, People Analytics, Designing Search Strategies for Systematic Reviews, Behavioral Economics and Nudging, Dissemination and Implementation Research, Advanced statistical methods, etc.

•Dynamic Leadership Proficiency Award - Level 5 - Toastmasters International. Developed and acquired skills in leadership, communication styles, conflict resolution in teams, strategy development in organizational change, public speaking, etc.

Skills

Languages: English: Native | Arabic: Native | Spanish: Advanced/full professional proficiency | French: Limited working proficiency

IT Skills: R, SPSS, C++, Qualtrics, MAXQDA, NVivo, Microsoft Office 365, Adobe, and Google tools.

Technical Skills: Survey design, academic writing, experiment design and development, reporting, literature reviews, project management, content development, interviewing, mentorship, training, teaching, and qualitative and quantitative data analysis.

Soft Skills: Effective communication, results-orientation with a process vision, public speaking, active listening, team building, problem solving, collaboration, dynamic leadership, conflict resolution, time management, and attention to detail.

Publications and Conferences

•Saade, S., Parent-Lamarque, A., Bazarbachi, Z., **Ezzeddine, R.**, & Ariss, R. (2021). Depressive symptoms in helping professions: a systematic review of prevalence rates and work-related risk factors. *International Archives of Occupational and Environmental Health*, 1-50. <https://doi.org/10.1007/s00420-021-01783-y>

•Navarro, J., Rueff-Lopes, R., Leiva, D., & **Ezzeddine, R.** (2022, October 6-8). *¿Cómo nos explicamos lo que sucede en nuestro trabajo? Estilos atributivos en el trabajo y su relación con la afectividad* (How do we explain what happens at work? Attributional styles at work and their relation to affectivity). [Conference Presentation]. The V International Congress of the Spanish Society of Social Psychology and the XVI National Congress of Social Psychology SCEPS 2022 Congress, Burgos, Spain. <http://bitly.ws/DGzF>

•**Ezzeddine, R.**, Rueff-Lopes, R., Leiva, D., & Navarro, J. (2023). Attribution styles at work and their relationships with affectivity and personality. [Conference Presentation]. EAWOP Congress: European Association of Work and Organizational Psychology, Katowice, Poland.