

Joy Bredehorst

PhD Student, University of Cologne

July, 27 in Cloppenburg
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Germany
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EDUCATION

PhD Student in Organizational Behavior	04/2023 - today
University of Cologne, Germany	
M.Sc. in Psychology (Focus: Work, Economy & Society)	09/2018 – 10/2020
University of Mannheim, Germany	
B.Sc. in Psychology	10/2013 – 04/2018
University of Osnabrück, Germany	
Exchange Student	08/2015 – 12/2015
University of South Florida, Tampa, USA	
Summer University	07/2016 – 08/2016
Namibia University of Science and Technology, Namibia	
High-School Graduate	06/2012
Clemens-August-Gymnasium, Cloppenburg, Germany	

RESEARCH EXPERIENCE

Research Assistant	04/2020 – 10/2020
Harvard Business School, Boston, USA	

RESEARCH OUTPUT

Paper

- **Bredehorst, J.**, Krautter, K., Meuris, J., & Jachimowicz, J. M. (2023). The Challenge of Maintaining Passion for Work over Time: A Daily Perspective on Passion and Emotional Exhaustion. *Organization Science*.
<https://doi.org/10.1287/orsc.2023.1673>

Online Articles

- **Bredehorst, J.**, Krautter, K., Meuris, J., & Jachimowicz, J. M. (2023). Don't Let Passion Lead to Burnout on Your Team. *Harvard Business Review*.

Symposium

- Jachimowicz J., Berry Z., **Bredehorst, J.**, [...], & Ward, S. (2022). Pitfalls and Inequalities Complicating the Pursuit of Passion. *Academy of Management Annual Meeting Proceedings*. <https://doi.org/10.5465/AMBPP.2022.13242symposium>

SELECTED INDUSTRY/CONSULTING EXPERIENCE

Consultant	11/2021 – 04/2023
Boston Consulting Group, Munich, Germany	
Visiting Associate	02/2020 – 03/2020
McKinsey & Company, Frankfurt, Germany	
Working Student - Change Management	03/2018 – 06/2019
Roche Diagnostics GmbH, Mannheim, Germany	

Internship - Quality and Market Management
Daimler AG (EvoBus GmbH), Mannheim, Germany

09/2017 – 02/2018

VOLUNTEERING

Mentor
Young Caritas, Mannheim, Germany

04/2018 – today

Mentor and Coach
Making Impact Through Sports, Mitchell's Plain, South Africa

08/2012 – 04/2013

HONORS AND AWARDS

- Scholarship holder of the German Academic Scholarship Foundation (“Studienstiftung des deutschen Volkes”)
- TOEFL Test Score (117/120)

TALKS AND PRESENTATION

- Moderation of a Panel Discussion at the German American Conference at the Harvard University on the topic of “Work Culture and Mental Health”

COMPUTER SKILLS

- Advanced Excel skills, e.g., Pivot tables and VBA
- Robust knowledge in Tableau, Tableau Prep, and Alteryx
- Robust knowledge in statistics softwares including SPSS and MPlus
- Experienced using programming language including R
- Fundamental knowledge of PowerBI

LANGUAGE SKILLS

- Fluent in German (native language) and English
- Elementary proficiency in Portugese
- Certified proficiency in Latin

RESEARCH INTEREST

- Inequality, social justice, discrimination, inclusion
- Well-being at work, burnout, passion for work
- Field experiments, natural experiments, daily diary studies, experience sampling methods

München, July 2023